

# COSMOPOLITAN



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DECEMBER 2010

1 December is World Aids Day  
**FUN FEARLESS FEMALE**  
[www.cosmopolitan.co.za](http://www.cosmopolitan.co.za)

*Fun, fearless female awards*  
**THIS YEAR'S AWESOME WOMEN**

**2010'S SINNERS AND WINNERS**  
BAD BEHAVIOUR, INSPIRATIONAL ACTS, SLIP-UPS AND TRIUMPHS

**7 SIGNS HE'S AMAZING IN BED**

**THE WOMAN IN THE MIRROR SEE YOURSELF AS OTHERS DO**

**CLAIRE REID, 24, INVENTOR AND ENTREPRENEUR**  
At the age of 16, Claire Reid invented Reel Gardening, a method of planting vegetables that cuts the cost of setting up a vegetable garden and reduces water wastage by 80%. She won a gold medal at the Eskom Young Scientists expo, the SA Woman in Water award for scientific research under the age of 35, and the International Stockholm Junior Water Prize. She has started her own company, Reel Gardening, and her product, a pre-fertilised seed strip that encases seeds in biodegradable paper, is available at selected Pick n Pay stores nationwide. Reid is doing her master's degree in architecture.

**CHOOSE YOUR FAVOURITE: TANIT OR CHARLBI. SAME MAGAZINE, DIFFERENT COVER STARS.**



**HOW TO MAKE CHOICE TWO MEN**

**LOUDLY SOUTH AFRICAN**  
**COSMOPOLITAN**  
GUEST-EDITED BY **F**  
AND STARRING: ★ **L**

*The power and beauty of 'plus-sized' women*

**WHAT MAKES A WOMAN AWESOME?**  
*The ability to overcome adversity.*

**WHICH WOMAN DO YOU ADMIRE, AND WHY?**

JK Rowling – many people said her work wasn't publishable. But she didn't take no for an answer, as she believed in herself and in her product.

Meet 29 of South Africa's most successful young achievers. Through sheer determination, smarts and savvy, they have made their way to the top of their fields, and embody the spirit of COSMO as fun, fearless females. Written by Genevieve Vieira. Compiled by Carla Calitz, Glynis Horning, Linda Mali and Zama Nkosi ▶

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**JR**

**ENOUGH TO TRY... M FACIAL? PIRANHA' CURE? OR NAIL-SLIME M?**



COVER GIRL  
CLID. TH

**FUN, FEARLESS FEMALE AWARDS**  
**FEMALES 2010**

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